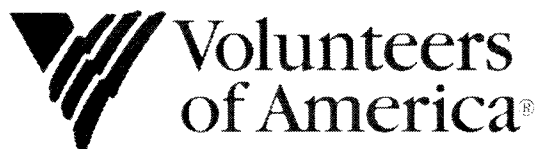


EXHIBIT “E”



UPSTATE NEW YORK

Programs and Services

Supportive Housing

Emergency Shelters
Permanent Supportive Housing
Transitional Housing for Veterans
Cobblestone Place Senior Living
Rapid ReHousing
Project ReDirect
Employment Assistance
Emergency Food Pantry
Brightening Birthdays™

Children's Services

Early Childhood Program
Head Start Programs
Universal Pre-K
Expanded Pre-K
After School Programs
School-Age Programs
Summer Camp
Camp HEROES

Reentry Services

Residential Reentry Center (RRC)
Step by Step
Community Based Residential Program
Cognitive Based Intervention Programs

Offices

Rochester

214 Lake Avenue
Rochester, NY 14608
Phone: 585-647-1150
Fax: 585-647-2177

Binghamton

320 Chenango Street
Binghamton, NY 13901
Phone: 607-772-1156
Fax: 607-772-1185

March 30, 2021

To Whom It May Concern,

This letter is to inform you that Rebecca Woodin (DOB 8/17/1985) has been an active participant in all programs facilitated by Volunteers of America at Monroe County Jail since 3/6/2020. Rebecca has successfully completed the 'Moral Reconciliation Therapy' program and is currently engaged in the Interactive Journaling program.

Moral Reconciliation Therapy is an evidence based cognitive behavioral intervention group in which participants work towards improving their decision-making skills and overall moral outlook. Rebecca has attended all sessions offered and successfully completed all 12 steps of the program on 8/21/2020. She has demonstrated significantly improved insight regarding personal areas in need of change.

Rebecca is now actively engaged in Interactive Journaling, which is part of the evidence based Courage to Change program. This program allows participants to work on faulty thinking patterns and emotional regulation skills through the completion of the "Self-Control" and "Responsible Thinking" journals. Rebecca continues to and demonstrate active engagement through her completion of homework and ongoing weekly individual sessions. She demonstrates sincere motivation to work towards positive change with no current concerns at this time.

Please feel free to contact me with any questions.

Sincerely,

A handwritten signature in black ink, appearing to read 'Amanda Cocchiara'.

Amanda Cocchiara, MS
CBI Facilitator
Volunteers of America Upstate New York
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Rochester, NY 14605
Direct Phone: 607-349-5859
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